

A Way to Pray the Psalter

The Psalms are the prayer book of the Bible. To pray a Psalm is to read, recite, sing or put the Word given in your heart. End praying the Psalm by hallowing the Name: **Glory be to the Father, and to the + Son, and to the Holy Spirit, as it was in the beginning, is now, and will be forever. Amen.**

The Monthly Psalter

Morning and evening, this discipline from the *Book of Common Prayer*, prays Psalms. To start pray as many as you choose. Begin on the day of the month. End with the Glory to the Father.

Day 1	Morning: 1-5	Evening: 6-8
Day 2	Morning: 9-11	Evening: 12-14
Day 3	Morning: 15-17	Evening: 18
Day 4	Morning: 19-21	Evening: 22-23
Day 5	Morning: 24-26	Evening: 27-29
Day 6	Morning: 30-31	Evening: 32-34
Day 7	Morning: 35-36	Evening: 37
Day 8	Morning: 38-40	Evening: 41-43
Day 9	Morning: 44-46	Evening: 47-49
Day 10	Morning: 50-52	Evening: 53-55
Day 11	Morning: 56-58	Evening: 59-61
Day 12	Morning: 62-64	Evening: 65-67
Day 13	Morning: 68	Evening: 69-70
Day 14	Morning: 71-72	Evening: 73-74
Day 15	Morning: 75-77	Evening: 78
Day 16	Morning: 79-81	Evening: 82-85
Day 17	Morning: 86-88	Evening: 89
Day 18	Morning: 90-92	Evening: 93-94
Day 19	Morning: 95-97	Evening: 98-101
Day 20	Morning: 102-103	Evening: 104
Day 21	Morning: 105	Evening: 106
Day 22	Morning: 107	Evening: 108-109
Day 23	Morning: 110-113	Evening: 114-115
Day 24	Morning: 116-118	Evening: 119:1-32
Day 25	Morning: 119:33-72	Evening: 119:73-104
Day 26	Morning: 119:105-144	Evening: 119:145-176
Day 27	Morning: 120-125	Evening: 126-131
Day 28	Morning: 132-135	Evening: 136-138
Day 29	Morning: 139-140	Evening: 141-143
Day 30	Morning: 144-146	Evening: 147-150

GLORY BE TO THE FATHER, AND TO THE + SON, AND TO THE HOLY SPIRIT, AS IT WAS IN THE BEGINNING, IS NOW, AND WILL BE FOREVER.